

Combining APTs, TTPs, & GRC to build realistic security programs with MITRE ATT&CK®

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Introduction



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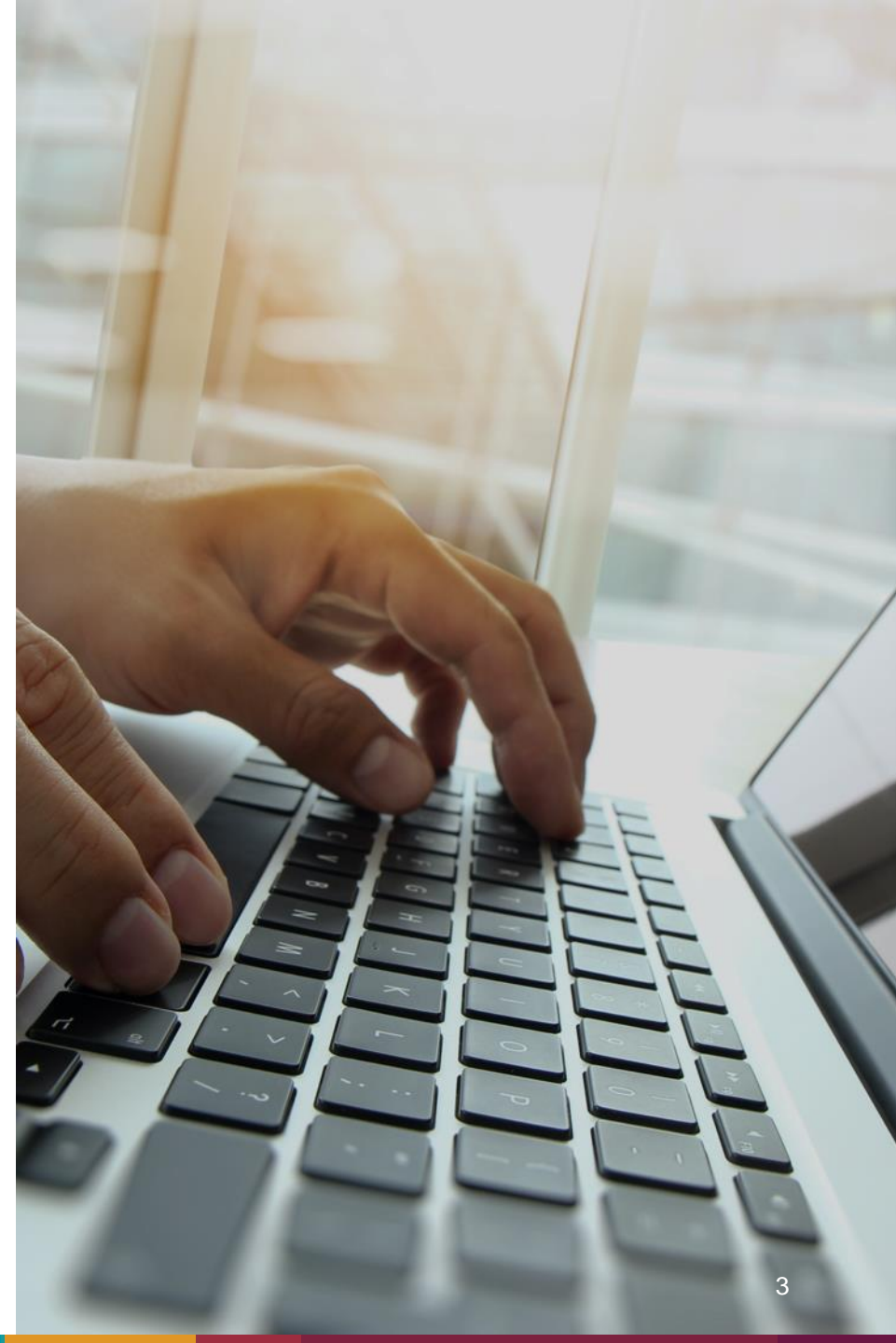
Sean is a Senior Manager in Wolf's DenSecure group. This role entails developing security reviews, managing projects including security reviews (e.g., Active Directory, firewall configurations, etc.), vulnerability assessments, and penetration tests. Sean is also Wolf's Lead QSA responsible for carrying out PCI DSS audits and mentoring Associate QSAs.

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AGENDA

- Introduction to MITRE ATT&CK®
- Keep Your Threat Models Up to Date
- Cybersecurity Testing & Response Maturity
- Threat-Informed GRC



MITRE ATT&CK®

- Tracks threat actors through observable data
- Tactics, Techniques, and Procedures (TTPs)
- Post compromise focus



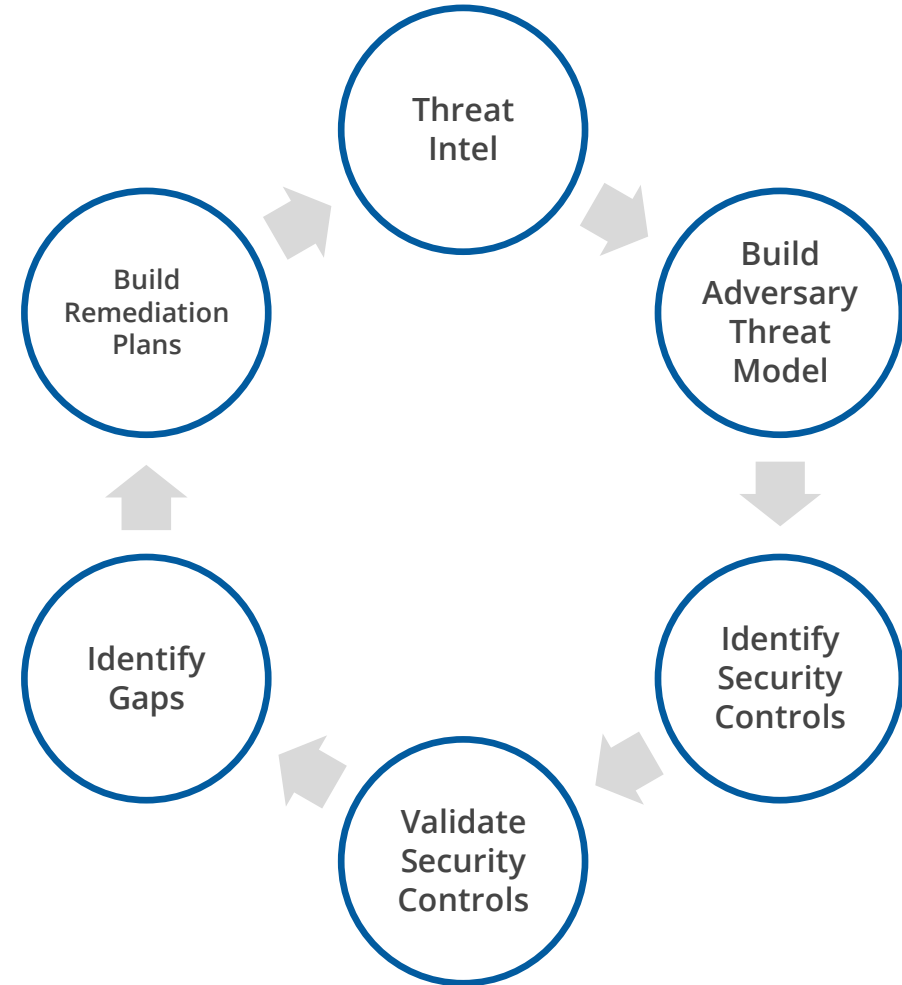
MITRE ATT&CK® MATRICES

MATRIX	ENTERPRISE	MOBILE	INDUSTRIAL CONTROL SYSTEMS (ISC)
Platforms:	Windows macOS Linux PRE Azure AD Office 365 Google Workspace SaaS IaaS Network Containers	Android iOS	ICS networks
Tactics:	14	14	12
Techniques:	379	92	78

HOW MITRE ATT&CK® CAN BE USED

Outputs

- Threat model(s) of adversary tactics and techniques
- Mitigation and detection capabilities in place
- Testing plan to validate controls
- Remediation plans
- Board & Executive roadmap



USE ATT&CK FOR CYBER THREAT INTELLIGENCE

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Command & Control	Exfiltration	Impact
Valid Accounts		Scheduled Task/Job		Modify Authentication Process		System Service Discovery	Remote Services	Data from Local System	Data Obfuscation	Exfiltration Over Other Network Medium	Data Destruction
Replication Through Removable Media	Windows Management Instrumentation		Valid Accounts		Network Sniffing		Software Deployment Tools	Data from Removable Media	Fallback Channels	Scheduled Transfer	Data Encrypted for Impact
Trusted Relationship			Hijack Execution Flow		OS Credential Dumping	Application Window Discovery	Replication Through Removable Media	Input Capture	Application Layer Protocol	Data Transfer Size Limits	Service Stop
Supply Chain Compromise	Software Deployment Tools	Boot or Logon Initialization Scripts		Direct Volume Access	Input Capture	System Network Configuration Discovery	Internal Spearphishing	Data Staged	Proxy	Exfiltration Over C2 Channel	Inhibit System Recovery
Hardware Additions	Shared Modules	Create or Modify System Process		Rootkit	Brute Force	System Owner/User Discovery	Use Alternate Authentication Material	Screen Capture	Communication Through Removable Media	Exfiltration Over Physical Medium	Defacement
Exploit Public-Facing Application	User Execution	Event Triggered Execution		Obfuscated Files or Information	Two-Factor Authentication Interception	System Network Connections Discovery	Lateral Tool Transfer	Email Collection	Web Service	Exfiltration Over Web Service	Firmware Corruption
Phishing	Exploitation for Client Execution	Boot or Logon Autostart Execution			Exploitation for Credential Access	Permission Groups Discovery	Taint Shared Content	Clipboard Data	Multi-Stage Channels	Automated Exfiltration	Resource Hijacking
External Remote Services	System Services	Account Manipulation	Process Injection		Steal Web Session Cookie	File and Directory Discovery	Exploitation of Remote Services	Automated Collection	Ingress Tool Transfer	Exfiltration Over Alternative Protocol	Network Denial of Service
Drive-by Compromise	Command and Scripting Interpreter	External Remote Services	Access Token Manipulation		Unsecured Credentials	Peripheral Device Discovery	Remote Service Session Hijacking	Video Capture	Data Encoding	Account Access Removal	Endpoint Denial of Service
	Native API	Office Application Startup	Group Policy Modification		Credentials from Password Stores	Network Share Discovery		Man in the Browser	Traffic Signaling	Disk Wipe	System Shutdown/Reboot
	Inter-Process Communication	Create Account	Abuse Elevation Control Mechanism		Steal or Forge Kerberos Tickets	Password Policy Discovery		Data from Information Repositories	Remote Access Software	Data Manipulation	
		Browser Extensions	Exploitation for Privilege Escalation	Indicator Removal on Host	Forced Authentication			Man-in-the-Middle	Dynamic Resolution		
		Traffic Signaling		Modify Registry				Archive Collected Data	Non-Standard Port		
		BITS Jobs		Trusted Developer Utilities Proxy Execution				Man-in-the-Middle	Protocol Tunneling		
		Server Software Component		Traffic Signaling				Encrypted Channel			
		Pre-OS Boot		Signed Script Proxy Execution							
		Compromise Client Software Binary		Rogue Domain Controller							
		Implant Container Image		Indirect Command Execution							
				BITS Jobs							
				XSL Script Processing							
				Template Injection							
				File and Directory Permissions Modification							
				Virtualization/Sandbox Evasion							
				Unused/Unsupported Cloud Regions							
				Use Alternate Authentication Material							
				Impair Defenses							
				Hide Artifacts							
				Masquerading							
				Obfuscate/Decode Files or Information							
				Signed Binary Proxy Execution							
				Exploitation for Defense Evasion							
				Execution Guardrails							
				Modify Cloud Compute Infrastructure							
				Pre-OS Boot							
				Subvert Trust Controls							

LEGEND

APT28

APT29

Both

USE ATT&CK TO BUILD YOUR DEFENSIVE PLATFORM

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Command & Control	Exfiltration	Impact
Valid Accounts		Scheduled Task/Job		Modify Authentication Process		System Service Discovery					
Replication Through Removable Media	Windows Management Instrumentation	Valid Accounts			Network Sniffing		Remote Services	Data from Local System	Data Obfuscation	Exfiltration Over Other Network Medium	Data Destruction
		Hijack Execution Flow			OS Credential Dumping	Application Window Discovery	Software Deployment Tools	Data from Removable Media	Fallback Channels		Data Encrypted for Impact
Trusted Relationship	Software Deployment Tools	Boot or Logon Initialization Scripts		Direct Volume Access	Input Capture			Input Capture	Application Layer Protocol	Scheduled Transfer	Service Stop
Supply Chain Compromise		Create or Modify System Process		Rootkit	Brute Force	System Network Configuration Discovery	Replication Through Removable Media	Data Staged	Proxy	Data Transfer Size Limits	Inhibit System Recovery
Hardware Additions	Shared Modules	Event Triggered Execution		Obfuscated Files or Information	Two-Factor Authentication Interception	System Owner/User Discovery	Internal Spearphishing	Screen Capture	Communication Through Removable Media	Exfiltration Over C2 Channel	Defacement
Exploit Public-Facing Application	User Execution	Boot or Logon Autostart Execution			Exploitation for Credential Access	System Network Connections Discovery	Use Alternate Authentication Material	Email Collection	Web Service	Exfiltration Over Physical Medium	Firmware Corruption
Phishing	Exploitation for Client Execution	Account Manipulation	Process Injection		Steal Web Session Cookie	Permission Groups Discovery	Lateral Tool Transfer	Clipboard Data	Multi-Stage Channels	Exfiltration Over Web Service	Resource Hijacking
External Remote Services	System Services	External Remote Services	Access Token Manipulation		Unsecured Credentials	File and Directory Discovery	Taint Shared Content	Audio Capture	Ingress Tool Transfer	Automated Exfiltration	Endpoint Denial of Service
Drive-by Compromise	Command and Scripting Interpreter	Office Application Startup	Group Policy Modification		Credentials from Password Stores	Peripheral Device Discovery	Exploitation of Remote Services	Video Capture	Data Encoding	Transfer Data to Cloud Account	System Shutdown/Reboot
	Native API	Create Account	Abuse Elevation Control Mechanism	Indicator Removal on Host	Steal or Forge Kerberos Tickets	Network Share Discovery	Remote Service Session Hijacking	Man in the Browser	Traffic Signaling	Exfiltration Over Alternative Protocol	Account Access Removal
	Inter-Process Communication	Browser Extensions	Exploitation for Privilege Escalation	Modify Registry	Forced Authentication	Browser Bookmark Discovery		Data from Information Repositories	Dynamic Resolution		Disk Wipe
		Traffic Signaling		Trusted Developer Utilities Proxy Execution	Steal Application Access Token	Virtualization/Sandbox Evasion		Archive Collected Data	Non-Standard Port		Data Manipulation
		BITS Jobs		Traffic Signaling	Man-in-the-Middle	Cloud Service Dashboard		Non-Application Layer Protocol	Protocol Tunneling		
		Server Software Component		Signed Script Proxy Execution		Software Discovery					
		Pre-OS Boot		Rogue Domain Controller		Query Registry					
		Compromise Client Software Binary		Indirect Command Execution		Remote System Discovery					
		Implant Container Image		BITS Jobs		Network Service Scanning					
				XSL Script Processing		Process Discovery					
				Template Injection		System Information Discovery					
				File and Directory Permissions Modification		Account Discovery					
				Virtualization/Sandbox Evasion		System Time Discovery					
				Unused/Unsupported Cloud Regions		Domain Trust Discovery					
				Use Alternate Authentication Material		Cloud Service Discovery					
				Impair Defenses							
				Hide Artifacts							
				Masquerading							
				Deobfuscate/Decode Files or Information							
				Signed Binary Proxy Execution							
				Exploitation for Defense Evasion							
				Execution Guardrails							
				Modify Cloud Compute Infrastructure							
				Pre-OS Boot							
				Subvert Trust Controls							

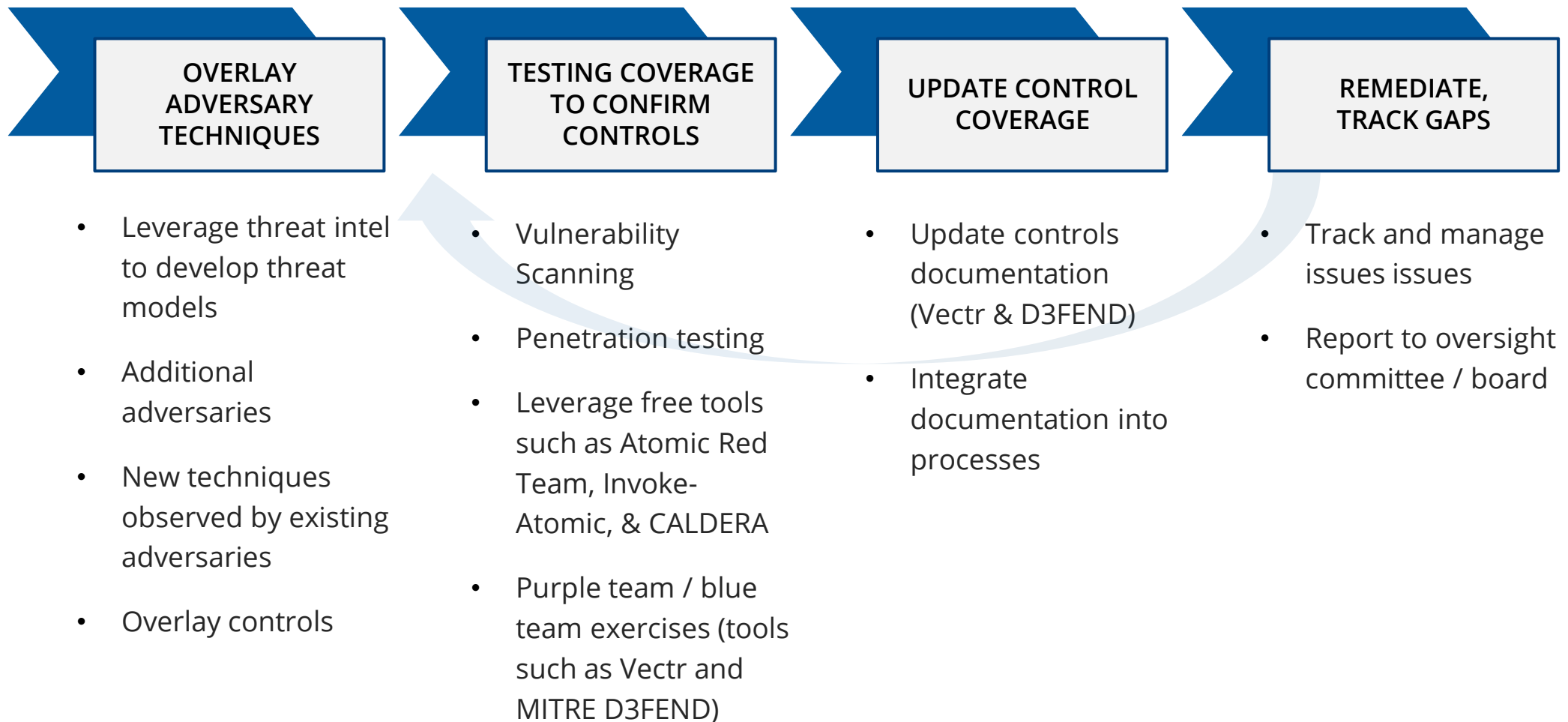
LEGEND

Low Priority

High Priority

Finding Gaps in Defense

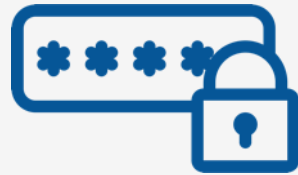
KEEP YOUR THREAT MODELS UP TO DATE



CYBERSECURITY TESTING & RESPONSE MATURITY



VULNERABILITY
MANAGEMENT



PENETRATION
TESTING



PURPLE
TEAM

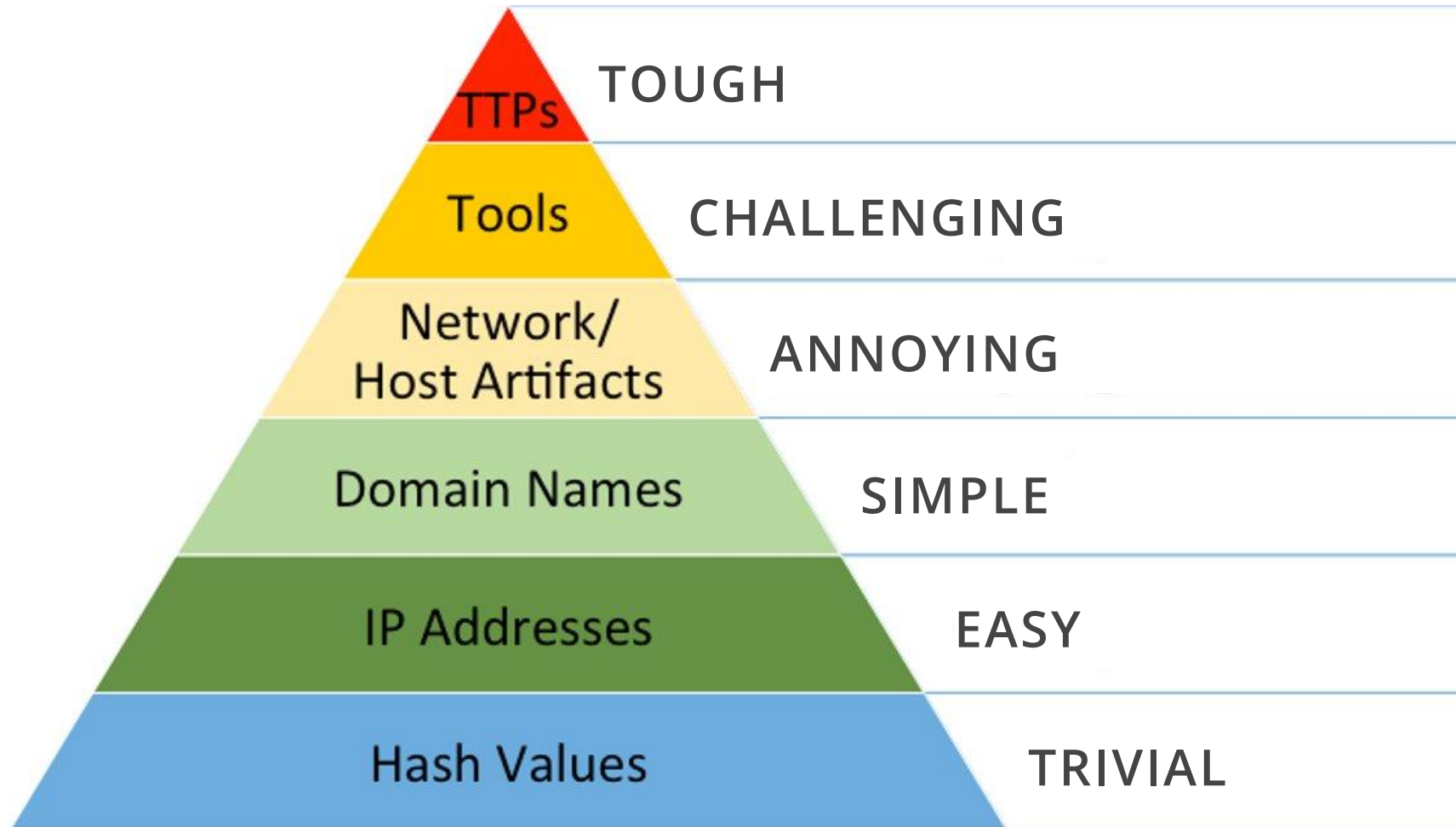


RED TEAM



BLUE TEAM

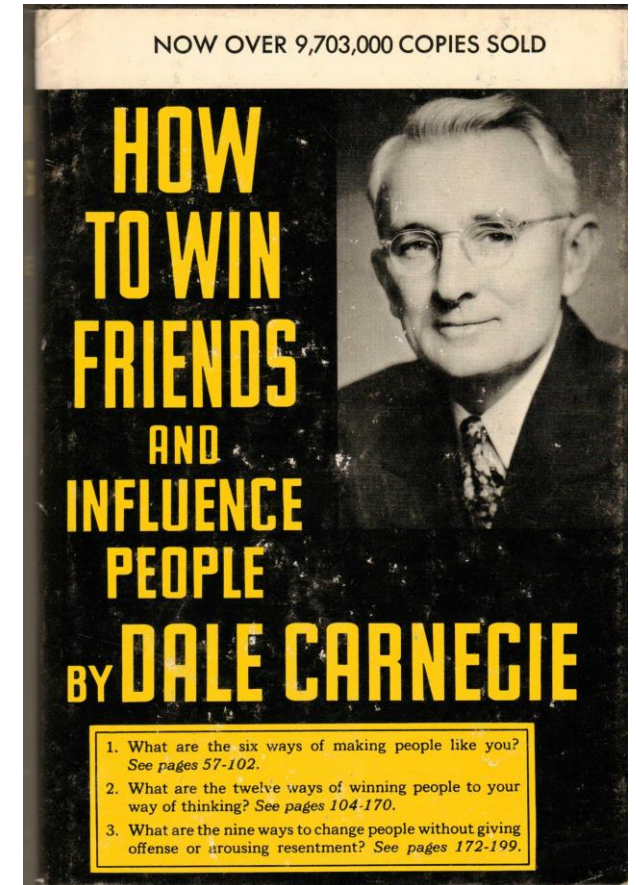
BREAKING THE CHAIN



THREAT-INFORMED GRC – MAKE FRIENDS

“Talk in terms of the other person’s interests”

“Make the other person feel important – and do it sincerely”





















THREAT-INFORMED GRC – MAKE A PLAN

- Start small and gain momentum
 - CTID Micro-Emulation
- Well-known use cases will be your best friend
 - MITRE CTID
 - Verizon DBIR
 - Unit42 Playbook

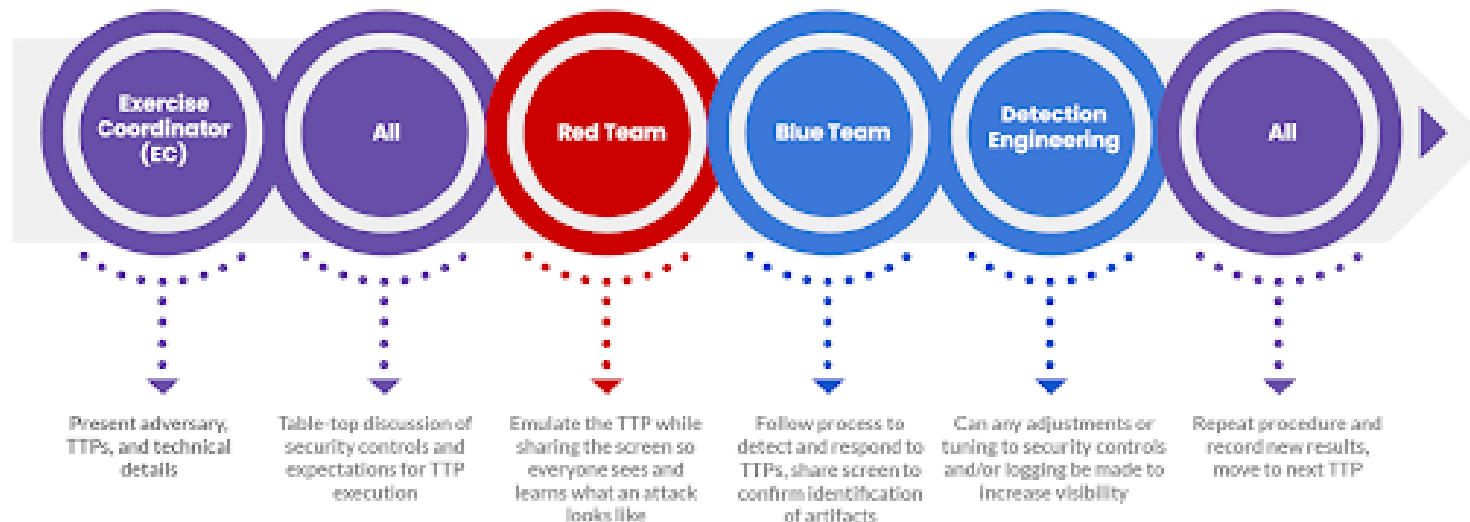
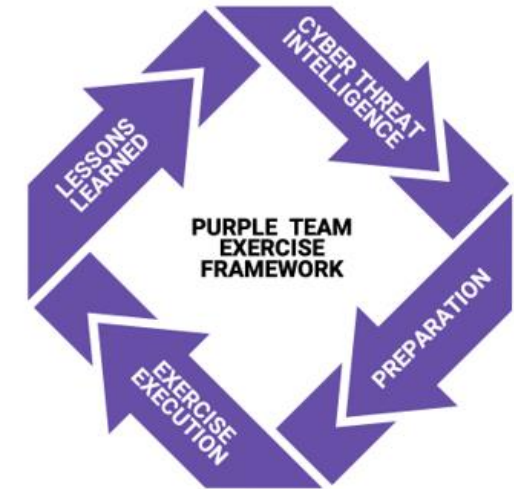


Center
for Threat
Informed
Defense

Atomic Testing	Micro Emulation	Full Emulation
Emulate single technique	Emulate compound behaviors across 2–3 techniques	Emulate adversary operation
 Executable in seconds	 Executable in seconds	 Executable in hours
<i>E.g., Atomic Red test for T1003.001 - LSASS Memory</i>	<i>E.g., Fork & Run Process Injection</i>	<i>E.g., FIN6 adversary emulation plan</i>
 Easy to automate	 Easy to automate	 Easy to automate
 Validate atomic analytics	 Validate atomic analytics	 Validate atomic analytics
 Validate chain analytics	 Validate chain analytics	 Validate chain analytics
 Evaluate SOC against a specific set of TTPs	 Evaluate SOC against a specific set of TTPs	 Evaluate SOC against a specific set of TTPs
 Evaluate SOC holistically against specific groups	 Evaluate SOC holistically against specific groups	 Evaluate SOC holistically against specific groups

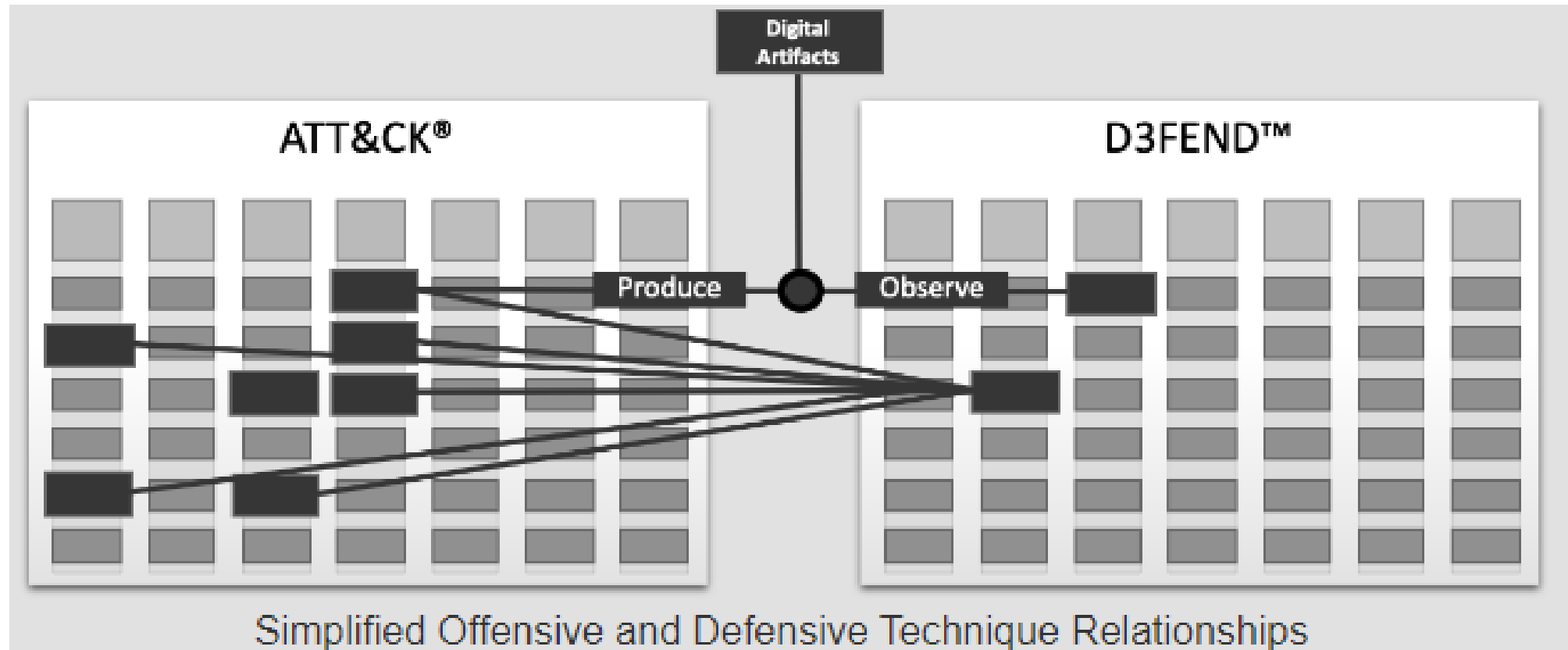
THREAT-INFORMED GRC – MAKE A PLAN

- Plan for the long-term success
- Iteration is key – get processes in place before looking to smash a home run
- PTES outlines procedural support for this program
 - Start with a TTX to introduce terms and approach



<https://github.com/scythe-io/purple-team-exercise-framework>

Threat-Informed GRC – Remediation



Remediation – PW Spray

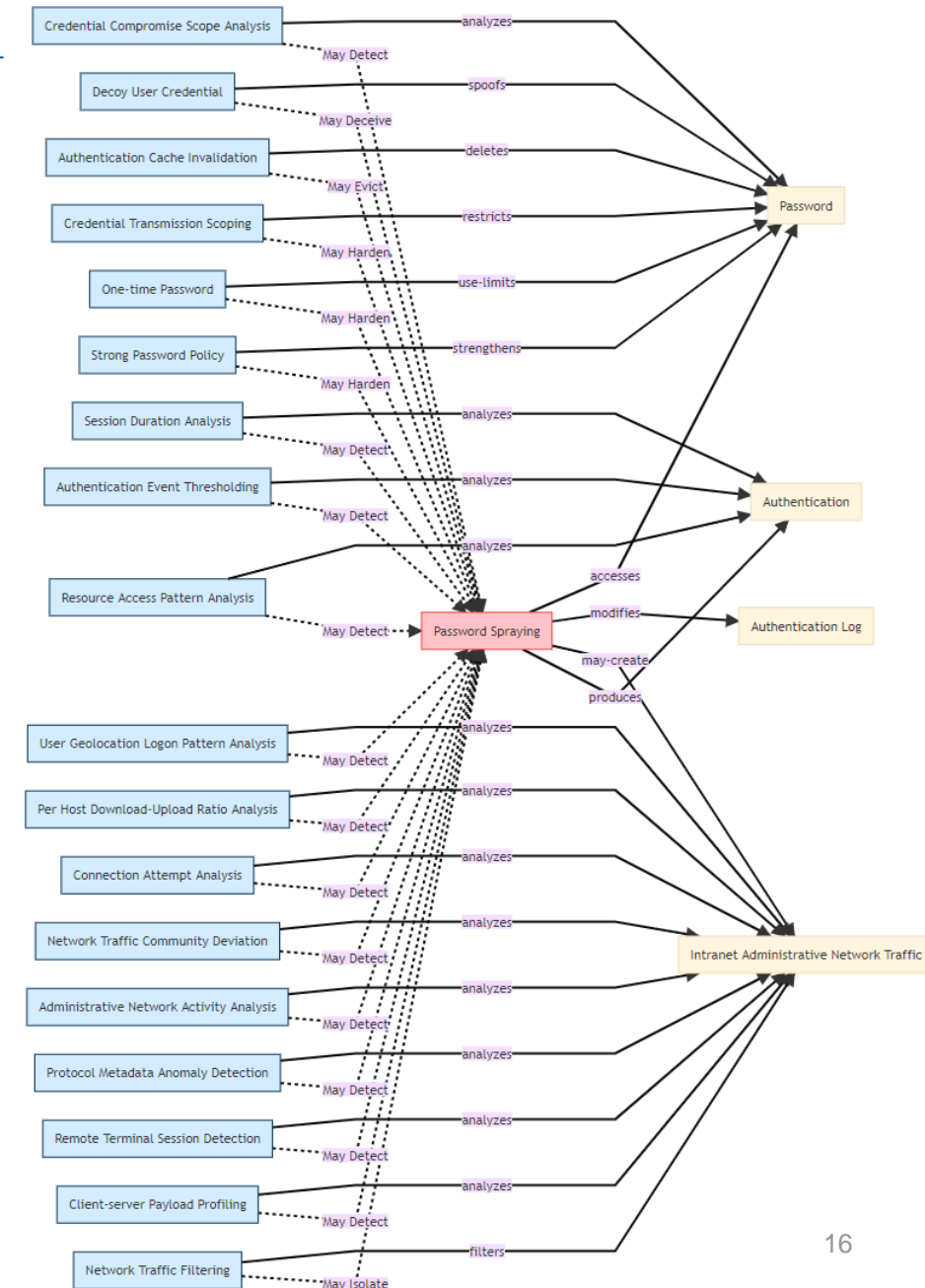
Brute Force: Password Spraying

Other sub-techniques of Brute Force (4)		^
ID	Name	
T1110.001	Password Guessing	
T1110.002	Password Cracking	
T1110.003	Password Spraying	
T1110.004	Credential Stuffing	

Adversaries may use a single or small list of commonly used passwords against many different accounts to attempt to acquire valid account credentials. Password spraying uses one password (e.g. 'Password01'), or a small list of commonly used passwords, that may match the complexity policy of the domain. Logins are attempted with that password against many different accounts on a network to avoid account lockouts that would normally occur when brute forcing a single account with many passwords.

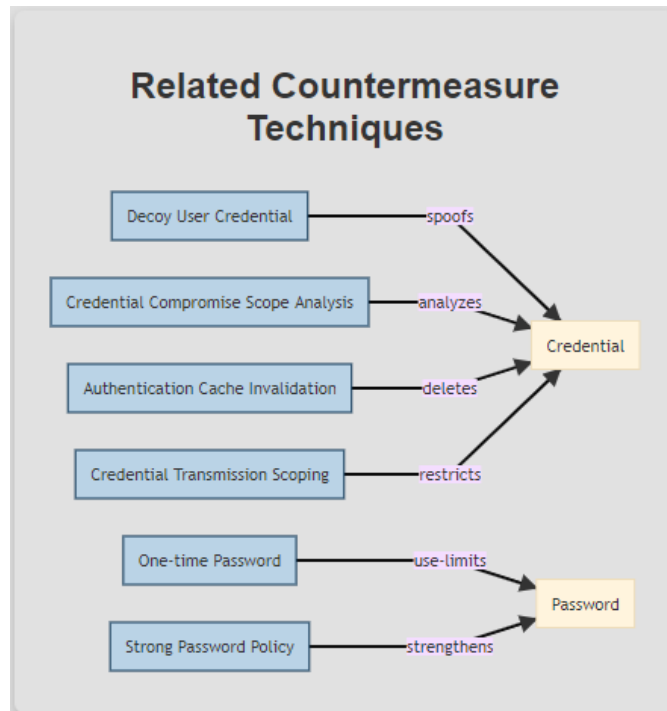
[1]

Browse the D3FEND knowledge graph by clicking on the nodes below.



Remediation – PW Spray

- Review available mitigations with efficiency in mind
- ATT&CK Navigator layers available for visual aids



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Related ATT&CK Techniques:

These mappings are inferred, experimental, and will improve as the knowledge graph grows.

These offensive techniques are determined related because of the way this defensive technique,

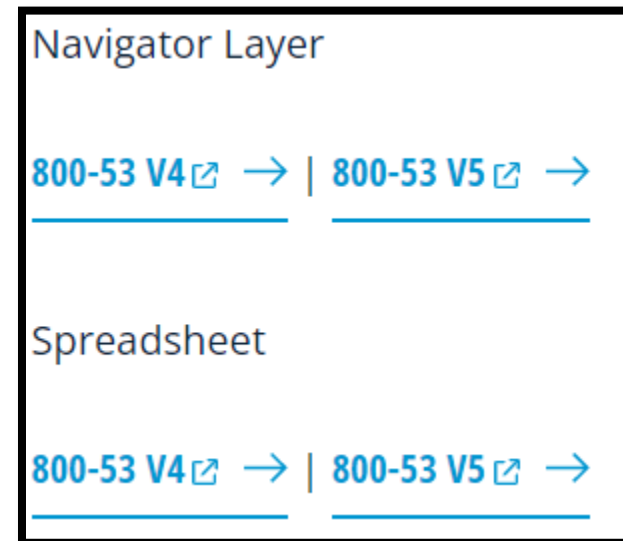
d3f:One-timePassword, authenticates User Account, and use-limits Password.

Credential Access	Defense Evasion	Impact	Initial Access	Persistence	Privilege Escalation
Brute Force	Valid Accounts	Account Access Removal	Defense Evasion Technique	Defense Evasion Technique	Defense Evasion Technique
Password Guessing	Default Accounts		Valid Accounts	Valid Accounts	Valid Accounts
Password Cracking	Domain Accounts		Valid Accounts	Initial Access Technique	Initial Access Technique
Password Spraying	Local Accounts		Default Accounts	Valid Accounts	Valid Accounts
	Cloud Accounts		Domain Accounts	Default Accounts	Persistence Technique
	Initial Access Technique		Local Accounts	Domain Accounts	Valid Accounts
	Valid Accounts		Cloud Accounts	Local Accounts	Create Account
	Persistence Technique		Persistence Technique	Cloud Accounts	Valid Accounts
	Valid Accounts		Valid Accounts	Account Manipulation	Default Accounts
	Privilege Escalation Technique		Privilege Escalation Technique	Exchange Email Delegate Permissions	Domain Accounts
	Valid Accounts		Valid Accounts	Add Office 365 Global Administrator Role	Local Accounts
				Create Account	Cloud Accounts
				Local Account	Create Account
				Domain Account	Local Account
				Cloud Account	Domain Account
				Privilege Escalation Technique	Cloud Account
				Valid Accounts	
				Create Account	

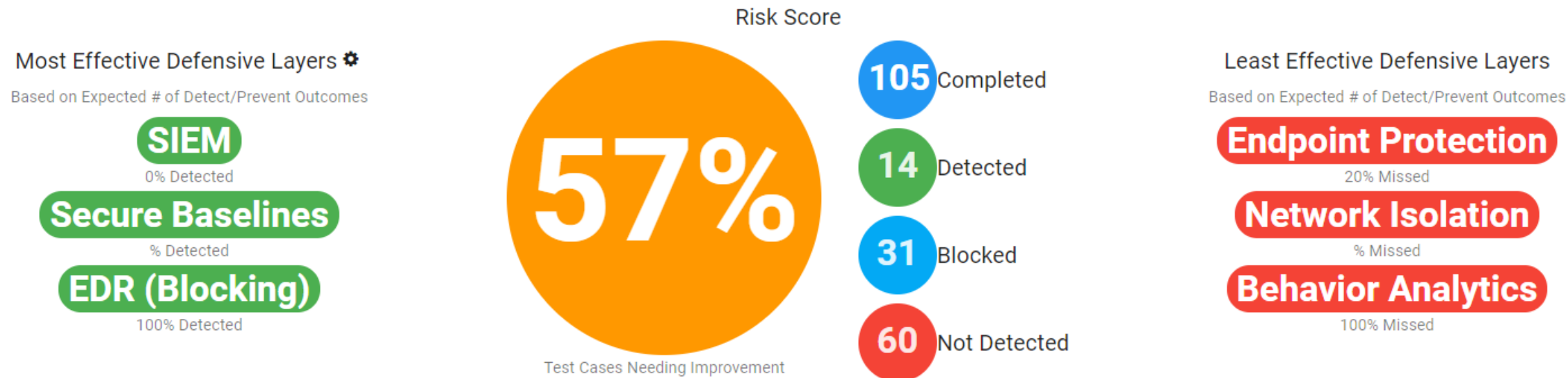
THREAT-INFORMED GRC – DOCUMENT

- The GRC world lives and dies by documentation
- Learn to speak and write GRC
- Bring Visualizations
 - Leverage existing GRC use-cases
 - CIS Critical Security Controls
 - NIST SP 800-53

Initial Access	Execution
Drive-by Compromise	AppletScript
Exploit Public-Facing Application	CMSTP
Hardware Additions	Command-Line Interface
Replication Through Removable Media	Control Panel Items
Spearphishing Attachments	Dynamic Data Exchange
Spearphishing Link	Execution through API
Spearphishing via Service	Execution through Module Load
Supply Chain Compromise	Exploitation for Client Execution
Trusted Relationship	Graphical User Interface
Valid Accounts	InitialJITL
	LSASS Driver
	Launchctl
	Local Job Scheduling
	Mkhta
	PowerShell
	Regsvcs/Regasm
	Regsvr32
	Rundll32
	Scheduled Task
	Scripting
	Service Execution
	Signed Binary Proxy Execution
	Signed Script Proxy Execution
	Source
	Space after Filename
	Third-party Software
	Trap
	Trusted Developer Utilities
	User Execution
	Windows Management Instrumentation
	Windows Remote Management



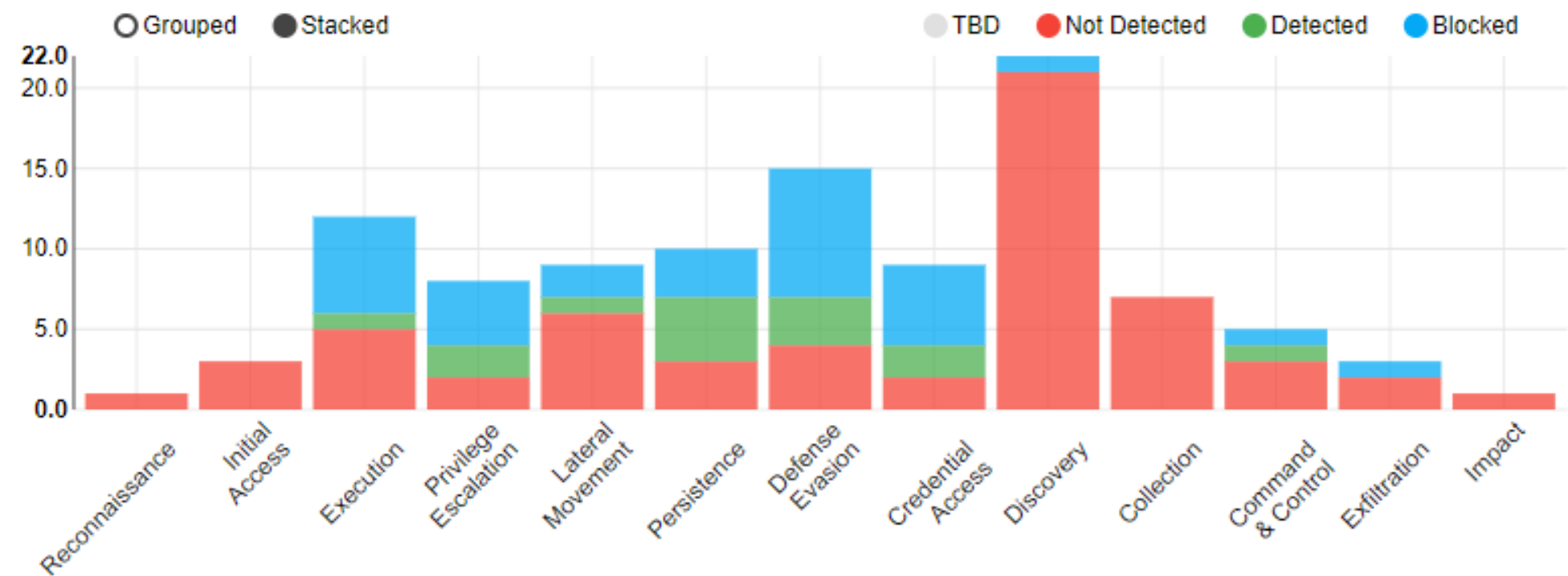
Example Documentation



Example Documentation

Statistics by Kill Chain Phase

Test case detection status distribution with respect to attack lifecycle phases



IN SUMMARY

- Compliance needs as a foundation
- Build controls based on threats with the highest likelihood
- CIS CSC IG1 covers 62% of the Techniques
 - Leverage the AuditScripts Master Mapping spreadsheet
- Focus on the Initial Access, Execution, Persistence, Privilege Escalation, and Defense Evasion.
- **ATT&CK IS NOT ALL-ENCOMPASSING**

RESOURCES

- [MITRE ATT&CK](#)
 - [Mapping ATT&CK to NIST 800-53](#)
 - [Mapping ATT&CK to CIS CSC](#)
 - [Threat Modeling with ATT&CK](#)
- [ATT&CK Navigator](#)
- [Navigator Layer: Top Ransomware TTPs](#)
- [Unit 42 Playbook Viewer](#)
- [Vector.io](#)
- [Atomic Red Team](#)
 - [Atomic Red Team Download](#)
 - [Invoke-Atomicredteam](#)
- [Prelude](#)
- [AuditScripts Master Mapping](#)
- [MITRE CITD](#)
- [Atomic Purple Team](#)
- [MITRE D3FEND™](#)

THANK YOU



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GCWN, GDAT, GSEC, PCIP, QSA

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ABOUT WOLF & COMPANY, P.C.

1911

WOLF & CO.
ESTABLISHED

300+

PROFESSIONALS



3 OFFICES IN:

- ✓ Boston, MA
- ✓ Springfield, MA
- ✓ Livingston, NJ



SERVICES OFFERED IN:

- ✓ Audit
- ✓ Tax
- ✓ Risk Management



ABOUT WOLF & COMPANY, P.C.

111

YEARS IN BUSINESS

- ⊙ Established in 1911
- ⊙ Built on quality and integrity
- ⊙ Succession strategy to remain independent allows us to be with you throughout your business lifecycle

300+

EXPERIENCED, HIGHLY TRAINED PROFESSIONALS

- ⊙ Lower-than-industry-average staff turnover means a consistent team structure year after year
- ⊙ Niche team dedicated to your industry



RESOURCES TO LEARN MORE

- ⊙ [Cultures & Values](#)
- ⊙ [Social Responsibility](#)
- ⊙ [Inclusion & Diversity](#)
- ⊙ [Thought Leadership](#)
- ⊙ [Our History](#)
- ⊙ [Wolf Global](#)



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TO WORK FOR**
nationwide

accounting**TODAY**

ABOUT WOLF & COMPANY, P.C.

SERVICES WE OFFER

We combine industry expertise with service specialization to provide your organization with insight, opportunities, and solutions allowing you to address your unique business needs.



ADVISORY

- Business Continuity Planning
- Cybersecurity
- Enterprise Risk Management
- Environment, Social & Governance
- Internal Audit
- IT Audit
- Model Risk Management
- Outsourced Accounting Solutions
- Penetration Testing
- Regulatory Compliance
- Strategic Planning



ASSURANCE

- Employee Benefit Plan Audits
- Financial Statements Audits
- HITRUST
- PCI DSS
- SOC Reporting



TAX

- Business Tax
- Federal
- International
- State & Local
- Private Client Group



vSUITE

- Virtual Consulting Services
 - Business Continuity Planning (BCP)
 - Virtual Chief Information Security Officer (vCISO)
 - Virtual Chief Privacy Officer (vCPO)
 - Virtual Chief Risk Officer (vCRO)
 - Virtual Vendor Management



WOLFPAC

- Integrated risk management SaaS suite

ABOUT DENSECURE

Wolf & Company's IT Assurance & Advisory team of cybersecurity experts, DenSecure™, brings together extensive technical knowledge and industry experience with internationally-recognized frameworks to develop strong cybersecurity programs.

DenSecure's core services include:

- Advanced Security Assessment
- Application Penetration Testing
- Network Penetration Testing
- Social Engineering
- Threat Emulation

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