

Combining APTs, TTPs, & GRC to build realistic security programs with MITRE ATT&CK®

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Introduction



Sean D. Goodwin, GSE

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Sean is a Senior Manager in Wolf's DenSecure group. This role entails developing security reviews, managing projects including security reviews (e.g., Active Directory, firewall configurations, etc.), vulnerability assessments, and penetration tests. Sean is also Wolf's Lead QSA responsible for carrying out PCI DSS audits and mentoring Associate QSAs.

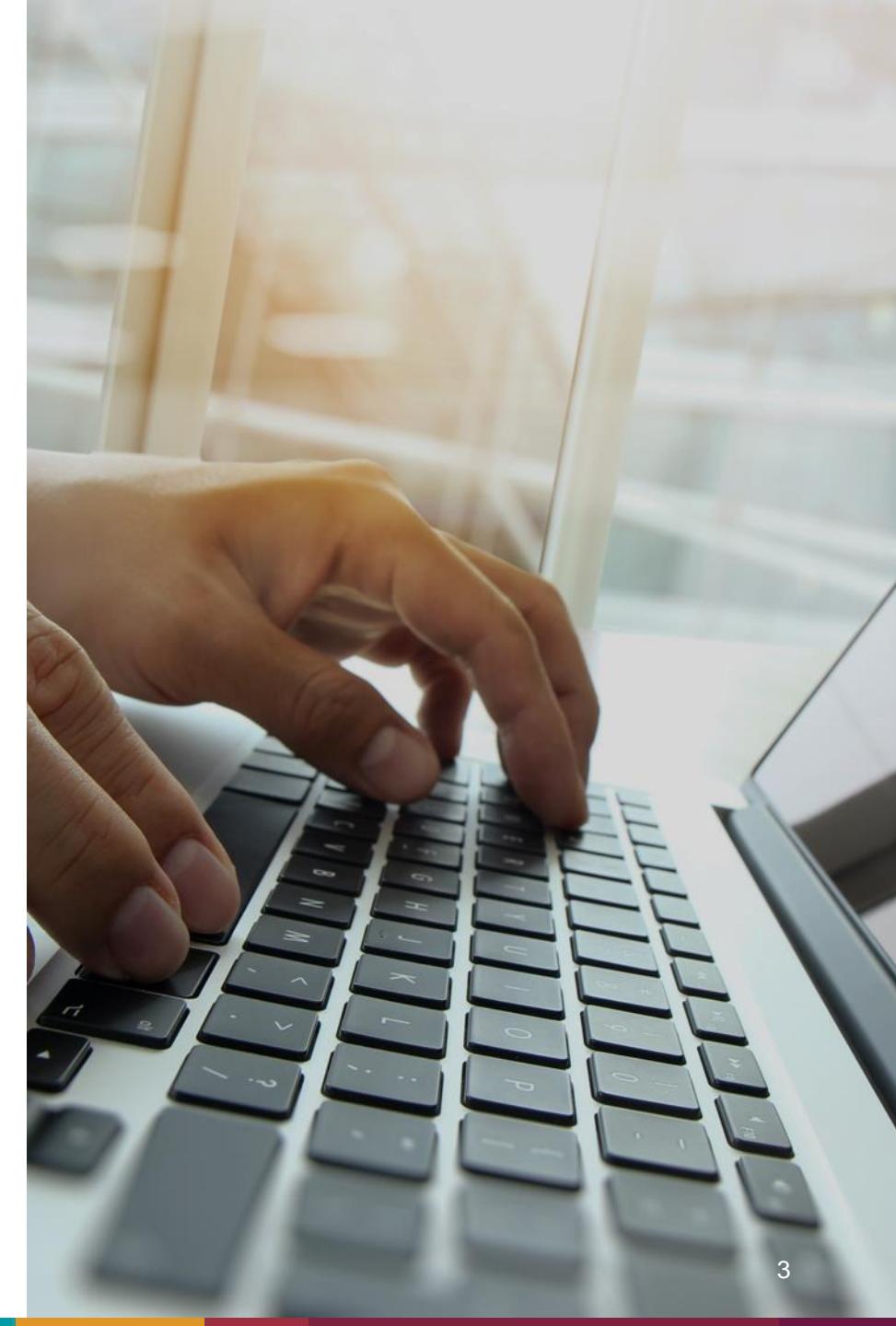


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AGENDA

- Introduction to MITRE ATT&CK®
- Keep Your Threat Models Up to Date
- Cybersecurity Testing & Response Maturity
- Threat-Informed GRC



- Tracks threat actors through observable data
- Tactics, Techniques, and Procedures (TTPs)
- Post compromise focus



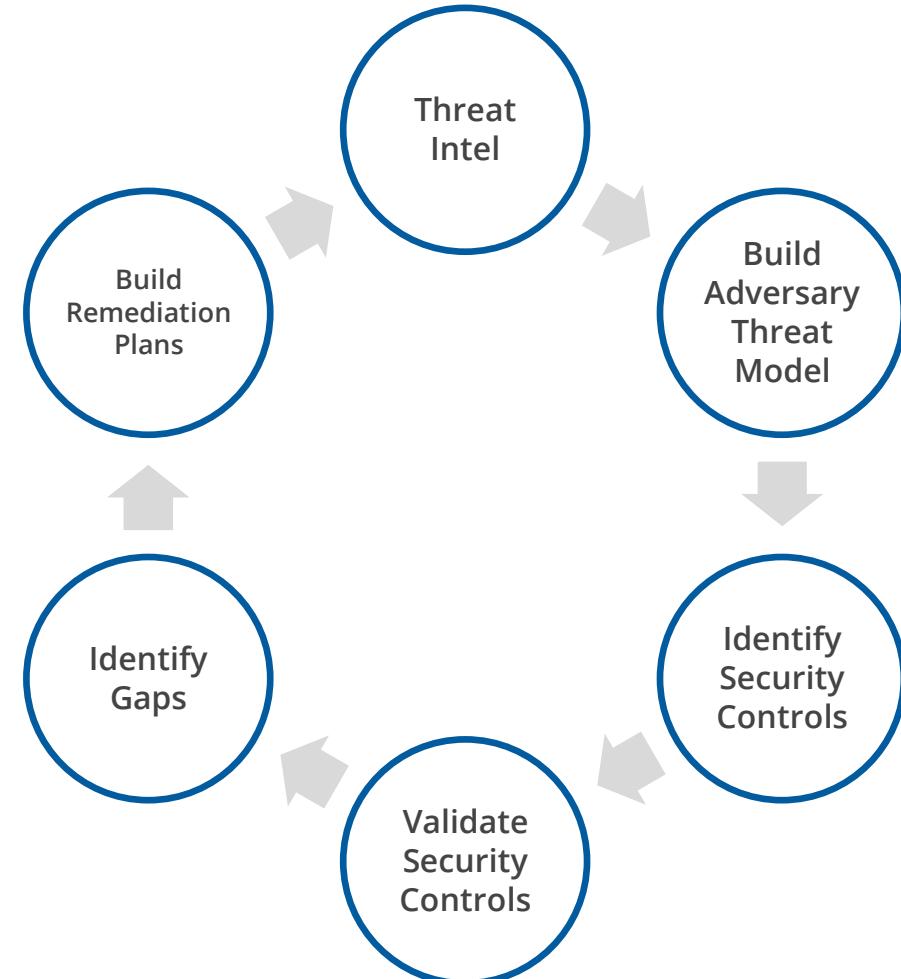
MITRE ATT&CK® MATRICES

MATRIX	ENTERPRISE	MOBILE	INDUSTRIAL CONTROL SYSTEMS (ICS)
Platforms:	Windows macOS Linux PRE Azure AD Office 365 Google Workspace SaaS IaaS Network Containers	Android iOS	ICS networks
Tactics:	14	14	12
Techniques:	379	92	78

HOW MITRE ATT&CK® CAN BE USED

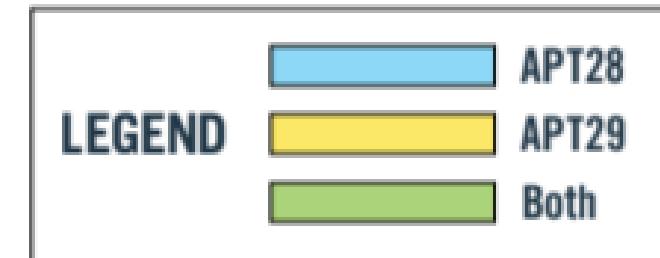
Outputs

- Threat model(s) of adversary tactics and techniques
- Mitigation and detection capabilities in place
- Testing plan to validate controls
- Remediation plans
- Board & Executive roadmap



USE ATT&CK FOR CYBER THREAT INTELLIGENCE

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Command & Control	Exfiltration	Impact
Valid Accounts		Scheduled Task/Job		Modify Authentication Process		System Service Discovery	Remote Services	Data from Local System	Data Obfuscation	Exfiltration Over Other Network Medium	Data Destruction
Replication Through Removable Media	Windows Management Instrumentation		Valid Accounts		Network Sniffing	Software Deployment Tools	Data from Removable Media		Fallback Channels		Data Encrypted for Impact
Trusted Relationship	Software Deployment Tools		Hijack Execution Flow		OS Credential Dumping	Application Window Discovery	Application Layer Protocol		Scheduled Transfer	Service Stop	
Supply Chain Compromise		Boot or Logon Initialization Scripts	Direct Volume Access	Input Capture		Replication Through Removable Media	Input Capture	Proxy	Data Transfer Size Limits	Inhibit System Recovery	
Hardware Additions		Create or Modify System Process	Rootkit	Brute Force		Data Staged	Communication Through Removable Media		Exfiltration Over C2 Channel	Defacement	
Exploit Public-Facing Application	Shared Modules	Event Triggered Execution	Obfuscated Files or Information	Two-Factor Authentication Interception		Screen Capture	Web Service		Exfiltration Over Physical Medium	Firmware Corruption	
Phishing	User Execution	Boot or Logon Autostart Execution		Exploitation for Credential Access		System Owner/User Discovery	Email Collection	Clipboard Data	Exfiltration Over Network Medium	Resource Hijacking	
External Remote Services	Exploitation for Client Execution	Account Manipulation	Process Injection			System Network Connections Discovery	Lateral Tool Transfer	Multi-Stage Channels	Exfiltration Over Physical Medium	Network Denial of Service	
Drive-by Compromise	External Remote Services	Access Token Manipulation				Taint Shared Content	Automated Collection	Ingress Tool Transfer	Exfiltration Over Web Service	Endpoint Denial of Service	
	System Services	Office Application Startup	Group Policy Modification			Audio Capture	Data Encoding			System Shutdown/Reboot	
	Command and Scripting Interpreter	Create Account	Abuse Elevation Control Mechanism	Unsecured Credentials		Video Capture	Traffic Signaling		Automated Exfiltration	Account Access Removal	
	Native API	Browser Extensions	Exploitation for Privilege Escalation	Credentials from Password Stores		Exploitation of Remote Services	Man in the Browser	Remote Access Software			
	Inter-Process Communication	Traffic Signaling		Modify Registry		File and Directory Discovery	Man in the Browser	Dynamic Resolution	Exfiltration Over Alternative Protocol	Disk Wipe	
		BITS Jobs		Trusted Developer Utilities Proxy Execution	Steal or Forge Kerberos Tickets	Peripheral Device Discovery	Information Repositories	Non-Standard Port		Data Manipulation	
		Server Software Component		Traffic Signaling	Forced Authentication	Network Share Discovery	Man-in-the-Middle	Protocol Tunneling			
		Pre-OS Boot		Signed Script Proxy Execution	Steal Application Access Token	Password Policy Discovery	Archive Collected Data	Encrypted Channel			
		Compromised Client Software Binary		Rogue Domain Controller	Man-in-the-Middle	Browser Bookmark Discovery	Data from Network Shared Drive	Non-Application Layer Protocol			
		Implant Container Image		Indirect Command Execution		Virtualization/Sandbox Evasion	Data from Cloud Storage Object				
				BITS Jobs		Cloud Service Dashboard					
				XSL Script Processing		Software Discovery					
				Template Injection		Query Registry					
				File and Directory Permissions Modification		Remote System Discovery					
				Virtualization/Sandbox Evasion		Network Service Scanning					
				Unused/Unsupported Cloud Regions		Process Discovery					
				Use Alternate Authentication Material		System Information Discovery					
				Impair Defenses		Account Discovery					
				Hide Artifacts		System Time Discovery					
				Masquerading		Domain Trust Discovery					
				Deobfuscate/Decode Files or Information		Cloud Service Discovery					
				Signed Binary Proxy Execution							
				Exploitation for Defense Evasion							
				Execution Guardrails							
				Modify Cloud Compute Infrastructure							
				Pre-OS Boot							
				Subvert Trust Controls							



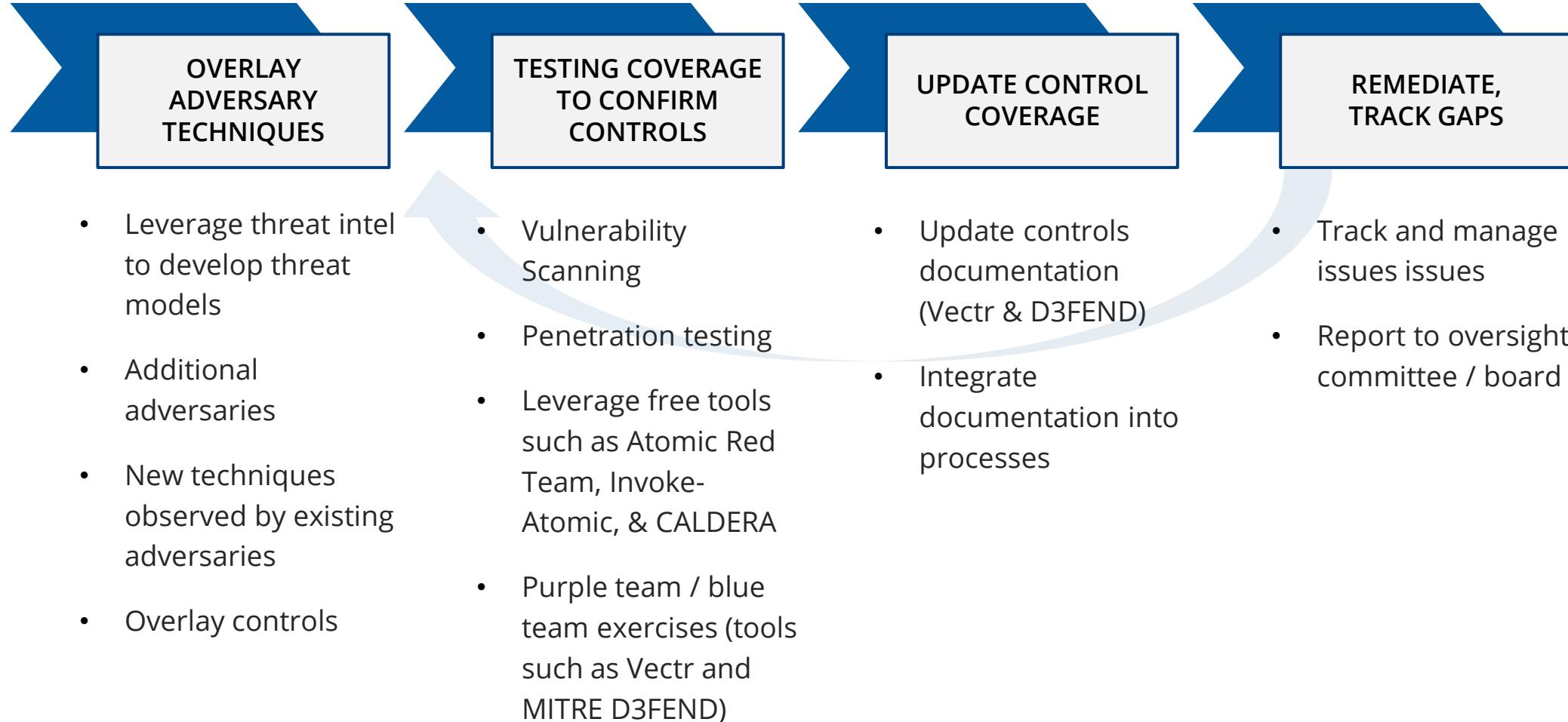
USE ATT&CK TO BUILD YOUR DEFENSIVE PLATFORM

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Command & Control	Exfiltration	Impact
Valid Accounts		Scheduled Task/Job		Modify Authentication Process		System Service Discovery	Remote Services	Data from Local System	Data Obfuscation	Exfiltration Over Other Network Medium	Data Destruction
Replication Through Removable Media	Windows Management Instrumentation		Valid Accounts		Network Sniffing	Software Deployment Tools	Data from Removable Media	Fallback Channels	Application Layer Protocol	Scheduled Transfer	Data Encrypted for Impact
Trusted Relationship	Software Deployment Tools		Boot or Logon Initialization Scripts	Direct Volume Access	OS Credential Dumping	Application Window Discovery	Input Capture	Proxy	Data Transfer Size Limits	Service Stop	Inhibit System Recovery
Supply Chain Compromise			Create or Modify System Processes	Rootkit	Brute Force	System Network Configuration Discovery	Replication Through Removable Media	Data Staged	Communication Through Removable Media	Exfiltration Over C2 Channel	Defacement
Hardware Additions	Shared Modules		Event Triggered Execution	Obfuscated Files or Information	Two-Factor Authentication Interception	System Owner/User Discovery	Internal Spearphishing	Screen Capture	Clipboard Data	Multi-Stage Channels	Firmware Corruption
Exploit Public-Facing Application	User Execution		Boot or Logon Autostart Execution		Exploitation for Credential Access	System Network Connections Discovery	Lateral Tool Transfer	Automated Collection	Ingress Tool Transfer	Exfiltration Over Physical Medium	Resource Hijacking
Phishing	Exploitation for Client Execution					Permission Groups Discovery	Taint Shared Content	Audio Capture	Data Encoding	Exfiltration Over Web Service	Network Denial of Service
External Remote Services	System Services		External Remote Services	Access Token Manipulation	Group Policy Modification	Steal Web Session Cookie	Exploitation of Remote Services	Video Capture	Traffic Signaling	Automated Exfiltration	System Shutdown/Reboot
Drive-by Compromise	Command and Scripting Interpreter		Create Account	Abuse Elevation Control Mechanism	Unsecured Credentials			Man in the Browser	Remote Access Software	Exfiltration Over Alternative Protocol	Account Access Removal
	Native API		Browser Extensions	Exploitation for Privilege Escalation	Indicator Removal on Host	Credentials from Password Stores			Dynamic Resolution	Disk Wipe	
	Inter-Process Communication		Traffic Signaling		Modify Registry	Steal or Forge Kerberos Tickets			Non-Standard Port		Data Manipulation
			BITS Jobs		Trusted Developer Utilities Proxy Execution				Protocol Tunneling		
			Server Software Component		Traffic Signaling	Forced Authentication			Archive Collected Data		
			Pre-OS Boot		Signed Script Proxy Execution	Steal Application Access Token			Encrypted Channel		
			Compromise Client Software Binary		Rogue Domain Controller	Man-in-the-Middle			Data from Network Shared Drive		
			Implant Container Image		Indirect Command Execution				Non-Application Layer Protocol		
					BITS Jobs						
					XSL Script Processing						
					Template Injection						
					File and Directory Permissions Modification						
					Virtualization/Sandbox Evasion						
					Unused/Unsupported Cloud Regions						
					Use Alternate Authentication Material						
					Impair Defenses						
					Hide Artifacts						
					Masquerading						
					Deobfuscate/Decode Files or Information						
					Signed Binary Proxy Execution						
					Exploitation for Defense Evasion						
					Execution Guardrails						
					Modify Cloud Compute Infrastructure						
					Pre-OS Boot						
					Subvert Trust Controls						



Finding Gaps in Defense

KEEP YOUR THREAT MODELS UP TO DATE



CYBERSECURITY TESTING & RESPONSE MATURITY



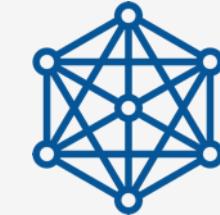
VULNERABILITY
MANAGEMENT



PENETRATION
TESTING



PURPLE
TEAM

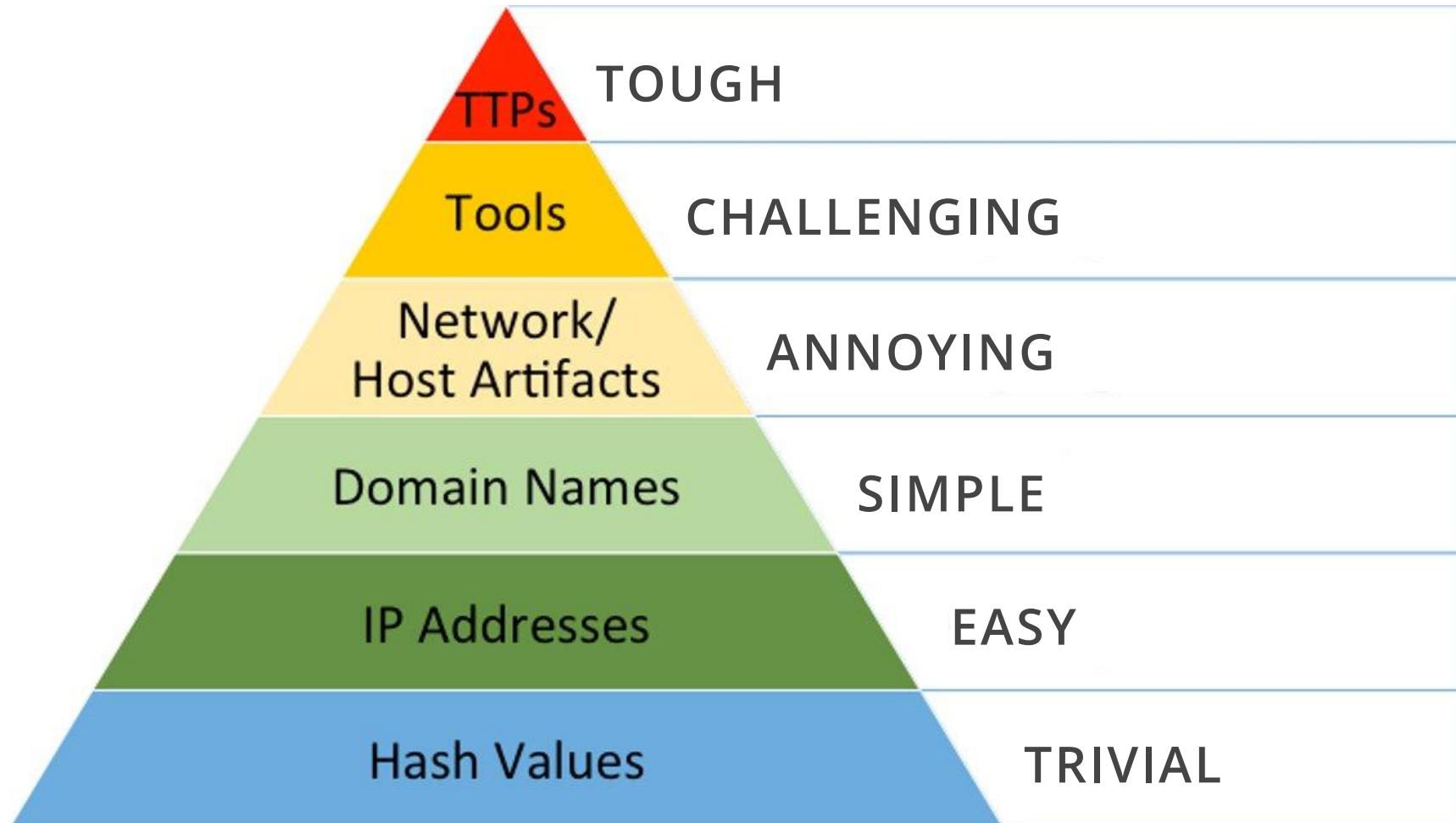


RED TEAM



BLUE TEAM

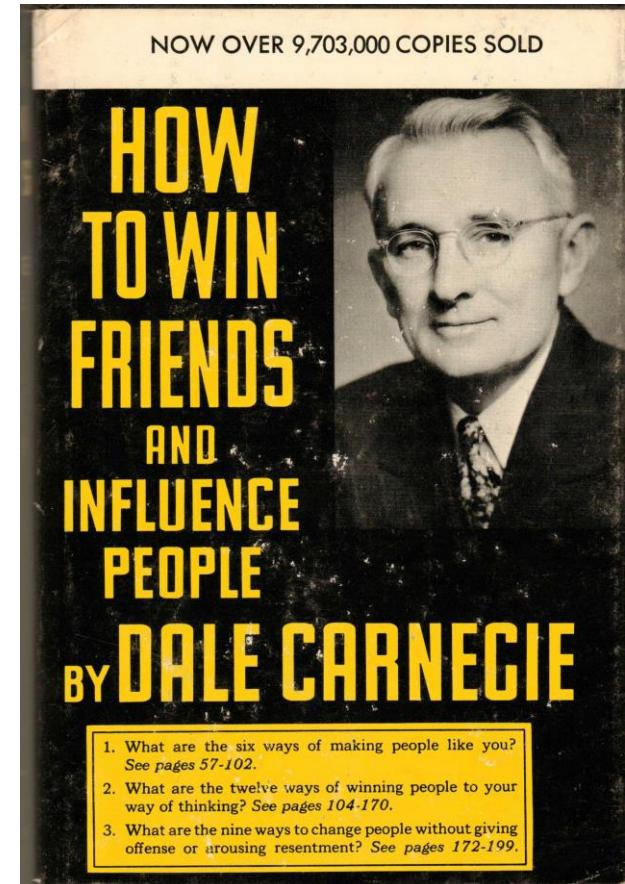
BREAKING THE CHAIN



THREAT-INFORMED GRC – MAKE FRIENDS

“Talk in terms of the other person’s interests”

“Make the other person feel important – and do it sincerely”



THREAT-INFORMED GRC – MAKE A PLAN

- Start small and gain momentum
 - CTID Micro-Emulation
- Well-known use cases will be your best friend
 - MITRE CTID
 - Verizon DBIR
 - Unit42 Playbook

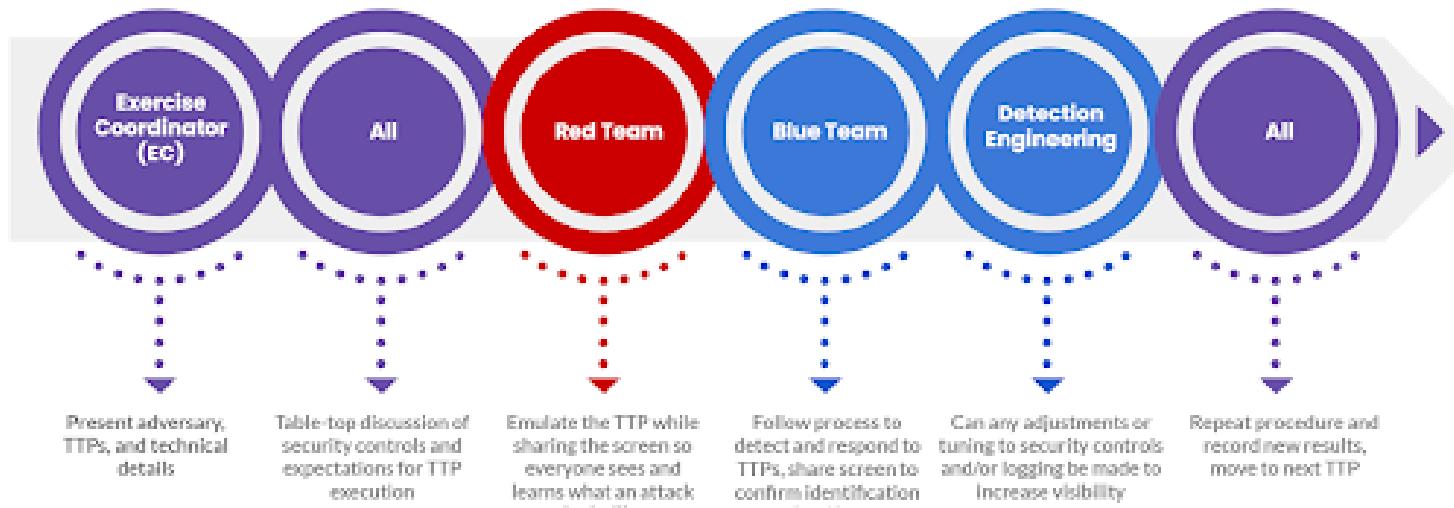
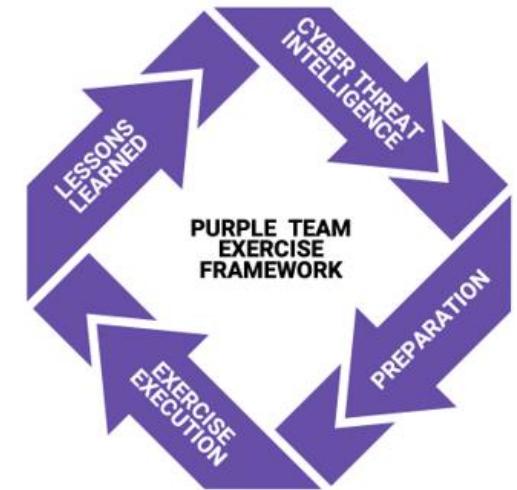


Center
for Threat
Informed
Defense

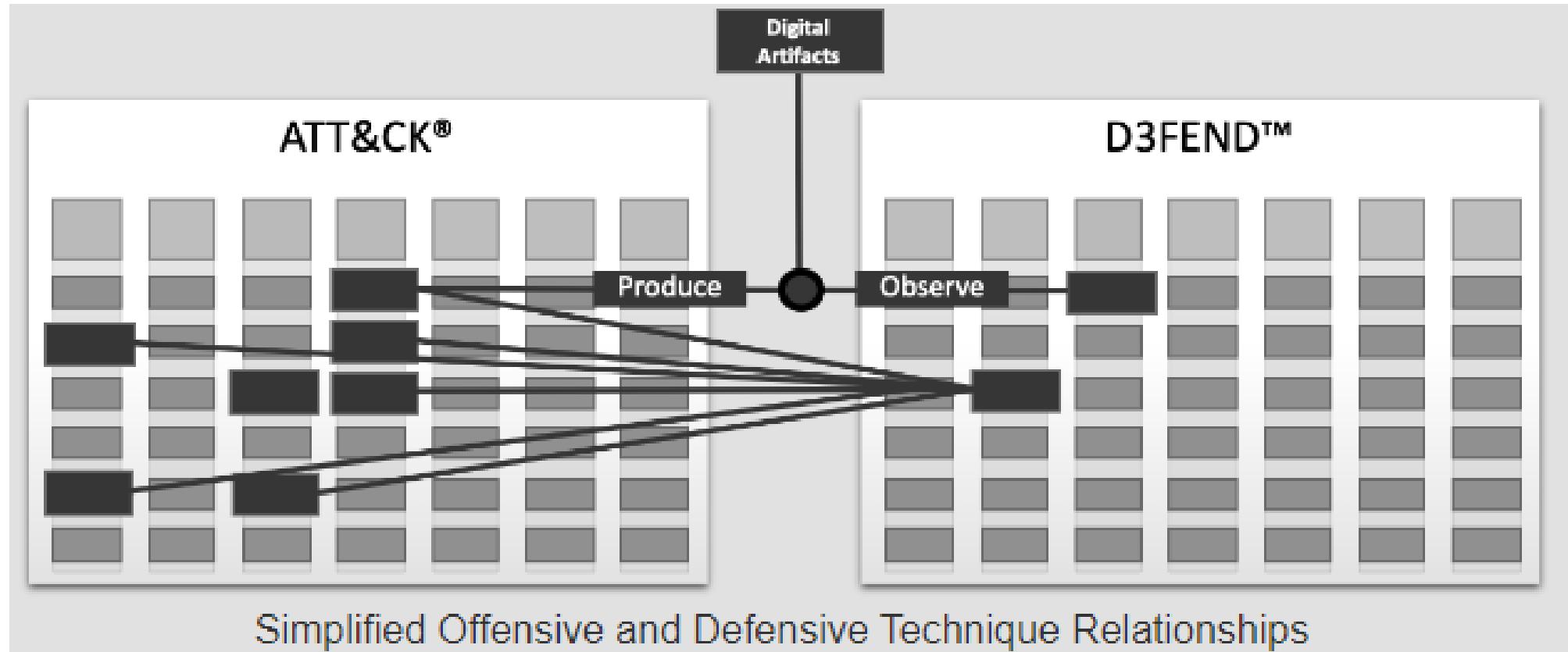
Atomic Testing	Micro Emulation	Full Emulation
Emulate single technique	Emulate compound behaviors across 2–3 techniques	Emulate adversary operation
 Executable in seconds	 Executable in seconds	 Executable in hours
<i>E.g., Atomic Red test for T1003.001 - LSASS Memory</i>	<i>E.g., Fork & Run Process Injection</i>	<i>E.g., FIN6 adversary emulation plan</i>
 Easy to automate	 Easy to automate	 Easy to automate
 Validate atomic analytics	 Validate atomic analytics	 Validate atomic analytics
 Validate chain analytics	 Validate chain analytics	 Validate chain analytics
 Evaluate SOC against a specific set of TTPs	 Evaluate SOC against a specific set of TTPs	 Evaluate SOC against a specific set of TTPs
 Evaluate SOC holistically against specific groups	 Evaluate SOC holistically against specific groups	 Evaluate SOC holistically against specific groups

THREAT-INFORMED GRC – MAKE A PLAN

- Plan for the long-term success
- Iteration is key – get processes in place before looking to smash a home run
- PTES outlines procedural support for this program
 - Start with a TTX to introduce terms and approach



Threat-Informed GRC – Remediation



Browse the D3FEND knowledge graph by clicking on the nodes below.

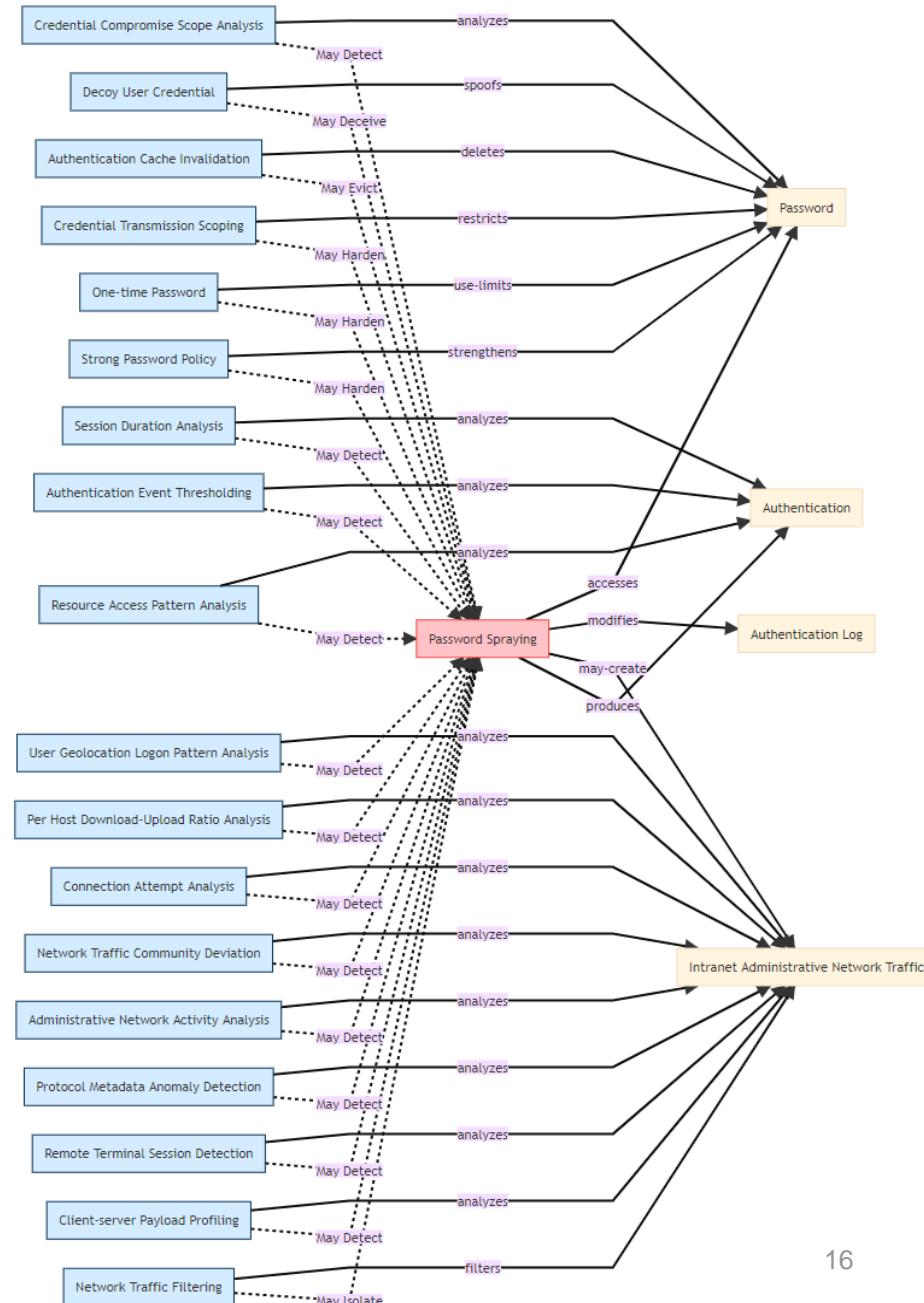
Remediation – PW Spray

Brute Force: Password Spraying

Other sub-techniques of Brute Force (4)	
ID	Name
T1110.001	Password Guessing
T1110.002	Password Cracking
T1110.003	Password Spraying
T1110.004	Credential Stuffing

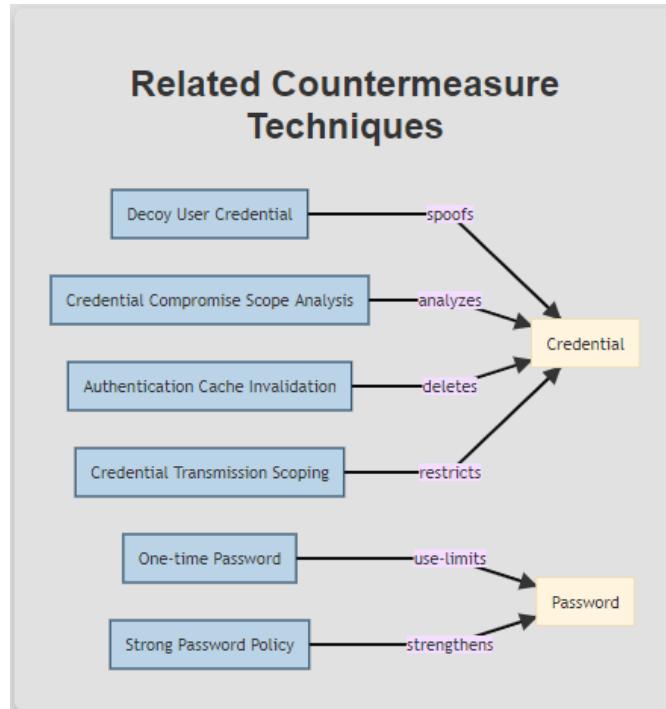
Adversaries may use a single or small list of commonly used passwords against many different accounts to attempt to acquire valid account credentials. Password spraying uses one password (e.g. 'Password01'), or a small list of commonly used passwords, that may match the complexity policy of the domain. Logins are attempted with that password against many different accounts on a network to avoid account lockouts that would normally occur when brute forcing a single account with many passwords.

[1]



Remediation – PW Spray

- Review available mitigations with efficiency in mind
- ATT&CK Navigator layers available for visual aids



Load ATT&CK Navigator Layer

Related ATT&CK Techniques:

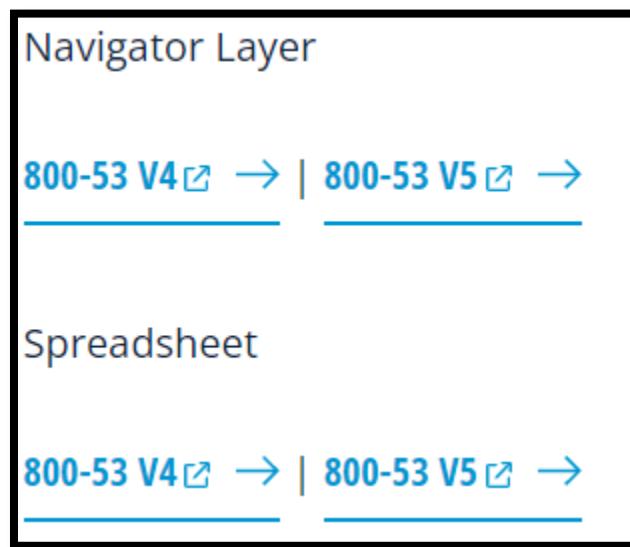
These mappings are inferred, experimental, and will improve as the knowledge graph grows.

These offensive techniques are determined related because of the way this defensive technique, `d3f:One-timePassword`, `authenticates` `User Account`, and `use-limits` `Password`.

Credential Access	Defense Evasion	Impact	Initial Access	Persistence	Privilege Escalation
Brute Force	Valid Accounts	Account Access Removal	Defense Evasion Technique	Defense Evasion Technique	Defense Evasion Technique
	Default Accounts		Valid Accounts	Valid Accounts	Valid Accounts
Password Guessing	Domain Accounts		Initial Access Technique	Initial Access Technique	Initial Access Technique
	Local Accounts		Valid Accounts	Valid Accounts	Valid Accounts
Password Cracking	Cloud Accounts		Default Accounts	Default Accounts	Persistence Technique
	Initial Access Technique		Domain Accounts	Domain Accounts	Valid Accounts
Password Spraying	Valid Accounts		Local Accounts	Local Accounts	Create Account
	Persistence Technique		Cloud Accounts	Cloud Accounts	Valid Accounts
	Valid Accounts		Persistence Technique	Persistence Technique	Default Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Domain Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Local Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Cloud Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Create Account
	Valid Accounts		Valid Accounts	Valid Accounts	Local Account
	Valid Accounts		Local Account	Local Account	Domain Account
	Valid Accounts		Domain Account	Domain Account	Cloud Account
	Valid Accounts		Cloud Account	Cloud Account	Privilege Escalation Technique
	Valid Accounts		Privilege Escalation Technique	Privilege Escalation Technique	Valid Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Create Account
	Valid Accounts		Valid Accounts	Valid Accounts	Cloud Account
	Valid Accounts		Valid Accounts	Valid Accounts	Privilege Escalation Technique
	Valid Accounts		Valid Accounts	Valid Accounts	Valid Accounts
	Valid Accounts		Valid Accounts	Valid Accounts	Create Account

THREAT-INFORMED GRC – DOCUMENT

- The GRC world lives and dies by documentation
- Learn to speak and write GRC
- Bring Visualizations
 - Leverage existing GRC use-cases
 - CIS Critical Security Controls
 - NIST SP 800-53



Initial Access	Execution
Drive-by Compromise	AppleScript
Exploit Public-Facing Application	CMSTP
Hardware Additions	Command-Line Interface
Replication Through Removable Media	Control Panel Items
Spearphishing Attachments	Dynamic Data Exchange
Spearphishing Link	Execution through API
Spearphishing via Service	Execution through Module Load
Supply Chain Compromise	Exploitation for Client Execution
Trusted Relationship	Graphical User Interface
Valid Accounts	InstallUtil
	LSASS Driver
	LaunchC
	Local Job Scheduling
Malta	Malta
PowerShell	PowerShell
Regsvr32	Regsvr32
Rundll32	Rundll32
Scheduled Task	Scheduled Task
Scripting	Scripting
Service Execution	Service Execution
Signed Binary Proxy Execution	Signed Binary Proxy Execution
Signed Script Proxy Execution	Signed Script Proxy Execution
Source	Source
Space after Filename	Space after Filename
Third-party Software	Third-party Software
Trap	Trap
Trusted Developer Utilities	Trusted Developer Utilities
User Execution	User Execution
Windows Management Instrumentation	Windows Management Instrumentation
Windows Remote Management	Windows Remote Management

Example Documentation

Most Effective Defensive Layers

Based on Expected # of Detect/Prevent Outcomes

SIEM

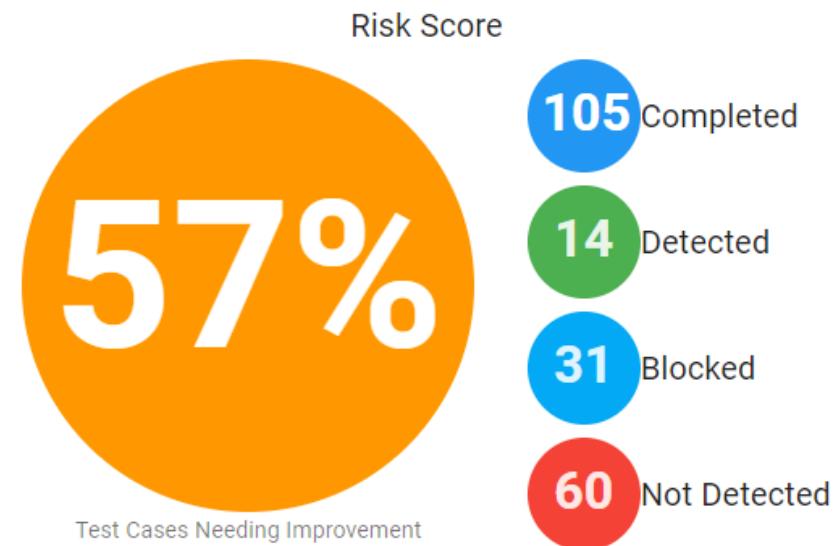
0% Detected

Secure Baselines

% Detected

EDR (Blocking)

100% Detected



Least Effective Defensive Layers

Based on Expected # of Detect/Prevent Outcomes

Endpoint Protection

20% Missed

Network Isolation

% Missed

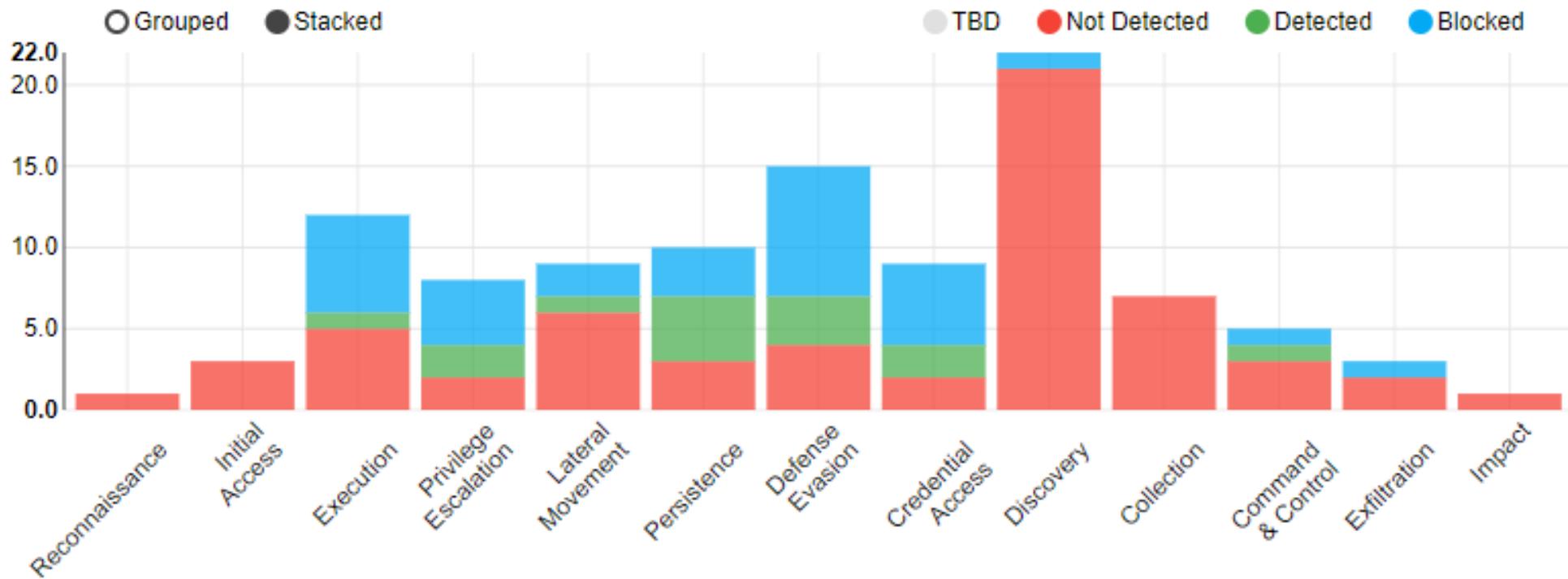
Behavior Analytics

100% Missed

Example Documentation

Statistics by Kill Chain Phase

Test case detection status distribution with respect to attack lifecycle phases



IN SUMMARY

- Compliance needs as a foundation
- Build controls based on threats with the highest likelihood
- CIS CSC IG1 covers 62% of the Techniques
 - Leverage the AuditScripts Master Mapping spreadsheet
- Focus on the Initial Access, Execution, Persistence, Privilege Escalation, and Defense Evasion.
- **ATT&CK IS NOT ALL-ENCOMPASSING**

RESOURCES

- [MITRE ATT&CK](#)
 - [Mapping ATT&CK to NIST 800-53](#)
 - [Mapping ATT&CK to CIS CSC](#)
 - [Threat Modeling with ATT&CK](#)
- [ATT&CK Navigator](#)
- [Navigator Layer: Top Ransomware TTPs](#)
- [Unit 42 Playbook Viewer](#)
- [Vector.io](#)
- [Atomic Red Team](#)
 - [Atomic Red Team Download](#)
 - [Invoke-Atomicredteam](#)
- [Prelude](#)
- [AuditScripts Master Mapping](#)
- [MITRE CITD](#)
- [Atomic Purple Team](#)
- [MITRE D3FEND™](#)

THANK YOU



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GCWN, GDAT, GSEC, PCIP, QSA

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ABOUT WOLF & COMPANY, P.C.

1911

WOLF & CO.
ESTABLISHED

300+

PROFESSIONALS



3 OFFICES IN:

- ✓ Boston, MA
- ✓ Springfield, MA
- ✓ Livingston, NJ



SERVICES OFFERED IN:

- ✓ Audit
- ✓ Tax
- ✓ Risk Management



ABOUT WOLF & COMPANY, P.C.

111

YEARS IN
BUSINESS

- ⌚ Established in 1911
- ⌚ Built on quality and integrity
- ⌚ Succession strategy to remain independent allows us to be with you throughout your business lifecycle

300+

EXPERIENCED,
HIGHLY TRAINED
PROFESSIONALS

- ⌚ Lower-than-industry-average staff turnover means a consistent team structure year after year
- ⌚ Niche team dedicated to your industry



RESOURCES TO
LEARN MORE

- ⌚ [Cultures & Values](#)
- ⌚ [Inclusion & Diversity](#)
- ⌚ [Our History](#)
- ⌚ [Social Responsibility](#)
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TO WORK FOR**
nationwide

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SERVICES WE OFFER

We combine industry expertise with service specialization to provide your organization with insight, opportunities, and solutions allowing you to address your unique business needs.



ADVISORY

- Business Continuity Planning
- Cybersecurity
- Enterprise Risk Management
- Environment, Social & Governance
- Internal Audit
- IT Audit
- Model Risk Management
- Outsourced Accounting Solutions
- Penetration Testing
- Regulatory Compliance
- Strategic Planning



ASSURANCE

- Employee Benefit Plan Audits
- Financial Statements Audits
- HITRUST
- PCI DSS
- SOC Reporting



TAX

- Business Tax
- Federal
- International
- State & Local
- Private Client Group



vSUITE

- Virtual Consulting Services
 - Business Continuity Planning (BCP)
 - Virtual Chief Information Security Officer (vCISO)
 - Virtual Chief Privacy Officer (vCPO)
 - Virtual Chief Risk Officer (vCRO)
 - Virtual Vendor Management



WOLFPAC

- Integrated risk management SaaS suite

ABOUT DENSECURE

Wolf & Company's IT Assurance & Advisory team of cybersecurity experts, DenSecure™, brings together extensive technical knowledge and industry experience with internationally-recognized frameworks to develop strong cybersecurity programs.

DenSecure's core services include:

- Advanced Security Assessment
- Social Engineering
- Application Penetration Testing
- Threat Emulation
- Network Penetration Testing



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